



Turnbow Foundation Newsletter

Volume 2, Issue 1

Spring 2006

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Special points of interest:

- Meet the spring 2006 MCC scholarship recipients
- Learn more about the March of Dimes, American Cancer Society and Special Olympics
- Mark your calendars for the 16th Annual McDuffy's Golf Tournament, May 19th
- Supplies for Success: 1st Annual Turnbow Foundations School Supply Crive

Update on Hunger in America & Arizona 2006

Recently The Turnbow Foundation attended a networking luncheon to learn more about the results of a large-scale study on hunger in America. This study was the most comprehensive study ever conducted on domestic hunger with over 52,000 face to face interviews conducted with people seeking emergency food assistance. We would like to share with you some of the startling information/facts that we found out.

- 25 million Americans seek local emergency food assistance (9 million are children and 3 million seniors).
- Half of all recipients households of emergency assistance reported incomes less than \$10,000/year.
- 39% are Caucasian, 38% are African-American and 17% Latino.
- 70% of those seeking emergency assistance live below the federal poverty line, 36% have at least one working adult and 12% are homeless.

Those who face hunger reported that they have to choose between paying the bills or buying food. Education was also

a factor into the face of hunger with 37% having less than a high school diploma or equivalent.

Closer to home for many of us are the statistics of hunger in Arizona based on in-person interviews with more than 1,400 people.

- 14.4% of Arizonans live at or below poverty level.
- 20.9% of Arizona children live in poverty.



- 1 in 8 Arizona households are food insecure (without access to nutritionally adequate food at all times through normal food channels).

Additionally, in Arizona 1 in 3 of the population served by the food banks is a child, and 1 in 10 is over 65, with seniors being the fastest growing sector requesting food assistance.

Food Banks by far are the single most important source of food for these families and individuals in need. Arizona's emergency food networks serves an estimated 479,000 people a year and approximately 77,500 people are served in any given week.

The decision to pay bills or buy food is a daily struggle for these families. Children going to school hungry and seniors not buying their medication so they can purchase food is a dismal reality as shown by the statistics above. Our community is not immune to the effects of poverty and hunger so please donate to your local food bank and help fight hunger. No one should have to choose between food and other basic needs.

Just \$1 provides 7 meals through the United Food Bank. The holiday season reminds us of those less fortunate but please remember to donate food or money generously all year round.

Call 480-926-4897 for more information on hunger in Arizona.

Mesa Community College Scholarships

The Turnbow Foundation had an overwhelming application response to our 2006 Spring Single Parent Scholarship. Our original plan was to award 2 students; however after reviewing the applications a decision was made to award 8 students.

Three of the students received our scholarships in the fall and were given a renewal for their continued success at MCC.

- You may remember Lyn C. a nursing student and mother of three boys. Lyn will be graduating on May 12th with her Associates in Nursing. The Turnbow Foundation is extremely proud of her accomplishments and success despite the odds against her. Lyn understands the importance of giving back and states "once I become a

Registered Nurse, I will be able to give back to others what you have given to me, a chance for a better life".

- Katheryn A. another scholarship renewal student is also pursuing a nursing degree. Katheryn writes "By receiving this scholarship from you lets me know that I am not alone....."

Helping Hands for Single Moms



Helping Hands for Single Moms is a non-profit community service organization whose mission is to assist single mothers in attaining the education and job-life skills that will empower them to independently provide for their families.

The Turnbow Foundation has again joined efforts with Helping Hands for Single Moms to support a mom and her child for one year. Our support will be given to the mom in the form of a monthly stipend. The monies are used for a vast array of necessities from rent to medicines.

Meet Jamie and Emma. Jamie is a single mom, new to the Helping Hands program. Jamie presents a particular challenge because not only is she the sole supporter financially she is also the sole caregiver for Emma who is mentally

handicapped. Emma was just a baby when Jamie's boyfriend lost his temper and beat Emma so severely he left her handicapped. Despite this setback Jamie is dedicated to improving the quality of her life through education. Due to Emma's need of constant care and unexpected medical problems Jamie will be attending on-line course. These classes will allow her more flexibility in both her studies and caring for Emma. At this point in time she is unsure of her area of study but she does know she would like to "help" others. We will keep you updated on Jamie success as the year progresses.

other and initiate mutually supportive relationships. The club will also foster a sense of community that will help the mothers learn to work together and assist each other through their academic course.

The club will offer the following opportunities:

- Recreational outings and fun activities
- Support groups
- A co-op for the purpose of sharing childcare, transportation, tutoring and housing
- A web-site to facilitate communication
- Special speakers who will provide coaching

If you know a single mom who might benefit from the Helping Hands for Single Moms programs please contact Chris Coffman @ 602-796-7875



The newest endeavor is The Single Moms Network a club on the Glendale Community College Campus. This ground breaking club is the first of its kind in Arizona and will provide single moms an opportunity to meet each

March of Dimes Prematurity Campaign

For over 65 years, the March of Dimes has been saving America's children. President Franklin D. Roosevelt founded the March of Dimes in 1938 to defeat polio, a disease that claimed the lives of children in record numbers. Within 17 years polio was defeated by the Salk vaccine and the March of Dimes changed its focus to fighting birth defects and other infant problems.

Their mission is to improve the health of babies by preventing birth defects, premature birth and infant mortality.



Prematurity, the silent crisis in America effects more than 500,000 infants each year (1 in 8). This health crisis takes its toll on the families and strains our health care system. Over 100,000 of these infants born prematurely develop health problems because of their early birth.

Prematurity has been escalating steadily over the past two decades. Between 1981 and 2003 the rate of premature births rose from 9.4% to 12.3% an increase of almost 31%.

The March of Dimes

Prematurity Campaign is a multimillion dollar research, awareness and education campaign to help families have healthier babies.

Many of these premature infants are born to disadvantaged families who lack health insurance, and social support. This at risk population needs education and support from the March of Dimes to help reduce and prevent these early births.

The Turnbow Foundation supports the March of Dimes in their goal to reduce premature births. The March of Dimes has an important impact on our community and our future generations.

Glendale Community College Leadership Scholarship

The Turnbow Foundation is proud to announce it's Spring 2006 Leadership Scholarship recipient Katrina K. Katrina is a twenty year old single mom of 8 month old Landon. She has been attending Glendale Community College (GCC) for three semesters and hopes to transfer to ASU West in spring 2007.

Katrina's career goal is to become a primary education teacher focusing on Kindergarten children. She credits her high school teachers and counselors

with being the most influential in encouraging her to attend college.

During high school her teachers recommended different classes she should take if she wanted to work in education. Taking their advice Katrina, while still in high school, took seven different teaching classes which started her on the path to reach her goal of becoming a teacher.



According to Katrina some of the essential qualities that make a good leader are: a good listener, respectful and able to give and receive constructive criticism.

We believe Katrina will make an excellent teacher and leader some day. We wish her all the success that education will bring her and her son.

MCC Scholarships cont.

in my struggle to achieve my goal.

- Our third renewal student is Andrea M. another single mom whose goal is to become a nurse. She is continuing her prerequisites for the nursing program and is enrolled as a full-time student for the spring semester. Since becoming a full-time student and working full-time she is finding it difficult to manage both. "With your help, this is one less stress in my life, I cannot thank you enough!"

The next four students are first time recipients of the Turnbow Foundation Scholarships.

- Francisca V. is a single mom who is also pursuing a degree in nursing. Her goal once she finishes the nursing program is to work closely with burn unit patients. She states "With this scholarship I will be able to dedicate more time to my

daughter and my studies.

- Our next student is Maria B. who is a single mom of five children. She is studying to become a family law paralegal and hopes to continue her education to become a family law attorney. Maria left an abusive marriage and hopes to help women who are going through difficult times. "I am so intrigued by family law because I know there are so many women just like me out there in society going through difficulty in so many ways".
- Issis S. is another recipient who is a single mom of Solano age 5 and Alisano age 6 months. Her goal is to obtain an AA in Foreign Language. Issis comes from a difficult family background which includes alcoholism and drug abuse. She is determined to show her children a better/normal life. "My children are my motivation

for everything I do (including getting an education); I want them to be as proud of me as I am of them".

- Michele R. is currently in the nursing program at MCC. She has had to cut back on her hours at work due to the extended hours required in the nursing program. "Missing a paycheck is crucial when you are the only financial support for yourself and child; thank you for the scholarship funding".
- Our last student, Alissa R. is grateful for this scholarship opportunity. "These monies will allow me to continue to concentrate my efforts on my studies and continue to provide for my family".

Congratulations to the recipients and we wish them success in their educational path.

American Cancer Society's Climb to Conquer Cancer Walking as a Community to Fight Cancer

On February 25th 2006 the American Cancer Society (ACS) kicked off its Annual Climb to Conquer Cancer. The Turnbow Foundation and their friends, team Las Sendas Neighbors, took part in this 7 mile climb up South Mountain. We all made a pledge to walk for someone in our lives that was stricken by cancer.

The chances are that cancer will affect you or someone you know! Tragically it is a disease that knows no

boundaries and often times has no mercy.

The team goal was to recruit 10 members and raise \$2,000. The result, we recruited 12 members and raised \$2,690. Wow

what an accomplishment! Dana Trepanier raised the most money \$595.☺

GO DANA!

Climb to Conquer Cancer is a non-competitive walk

to raise awareness and dollars to fight cancer. The contributions received are dedicated to life-saving American Cancer Society research, education, advocacy and patient service programs to defeat this disease.

The American Cancer Society has been waging the war on cancer for nearly a century and their commitment to defeating the disease has never wavered. Their lifesaving efforts are funded by the generosity of donors and fundraising events such as this one. For more information visit: www.cancer.org



Special Olympics

The Turnbow Foundation is a proud supporter and member of the Special Olympics Winners Circle at the Silver Medal Level.

There is never a cost to the athletes who participate in the Special Olympics. The funding comes from private sources such as donations and fundraising activities. They do not receive government assistance.

There are more 7,000 Special Olympians in Arizona who need the community's help in providing them the opportunity to develop physical fitness, demonstrate

courage, experience joy and participate in sharing gifts, skills and friendship.

There are a few ways of offer your support.

- Make a donation to the Special Olympics of Arizona (SOA)
- Multiple ways to Volunteer your time
- Attend one of the Special Olympics event

Show your support and attend the SOA Summer Games:

When: May 4th-6th 2006

Where: ASU Tempe Campus

Cost: FREE

Events: Gymnastics, Tennis, Athletics and Power Lifting

See the Special Olympics web-site for more information:

Specialolympicsarizona.org

Hope to see you at the Summer Games.



"Let me win. But if I cannot win let me be brave in the attempt"



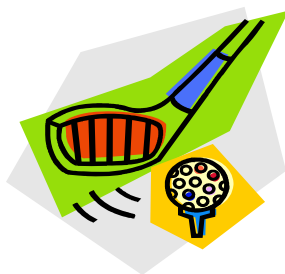
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"If you can dream it, you can do it"
Walt Disney

Web-site hopefully
ready this summer!
Stay Tuned



McDuffy's 16th Annual Golf Tournament:

McDuffy's Sports Bar of Tempe and Peoria have again generously chosen The Turnbow Foundation to be its charitable organization for the 16th Annual McDuffey's Golf Classic. The tournament will be held on May 19th, 2006 at McCormick Golf Club. Last years event was a huge success with a good turnout of golfers and great weather. This year, the tournament is being held a month earlier so the weather should cooperate. McDuffy's has been working hard to make this year's tournament a memorable one so make sure you sign up today, foursomes are filling up fast. For more information you can go to the McDuffy's website and download an entry form @ Mcduffys.com or call 480-966-5600 for more information. You may also contact The Turnbow Foundation at Turnbowfoundation@cox.net or call 480-641-3345.

Supplies for Success! School Supply Drive

The Turnbow Foundation presents its 1st Annual Supplies for Success School Supply Drive to support the Thomas J. Pappas Schools.

The concept of the Pappas schools started in 1989 with a group of firefighters who arranged for 8 homeless children to attend tutoring class in a local shelter. From there they moved to a near by hotel. It soon became obvious that there were many more children not in school. In 1990 Sandra E. Dowling founded the Thomas J. Pappas school for children of homeless families.

Traditional public school requirements presents many barriers to a homeless family. These include not having a resident address, immunization information and former school records. Trying to enroll their children becomes very discouraging every time they move and they may give up. This only continues the cycle of poverty.

A typical school setting also imposes many social barriers on homeless children as well. At the Pappas schools, the students have similar life stories and experiences

which help them understand each other. Students receive medical, dental and counseling services that go far beyond those found in a regular school setting. They also receive clothing, shoes, and hygiene supplies to fulfill their basic needs and to prepare them for learning.

Upon registering at Pappas Schools each child receives a backpack. This backpack many times becomes the only possession the child has and often contains not only supplies for school but basic supplies such as clothing and hygiene items.

The Supplies for Success Drive and the Turnbow Foundation would like to offer these children a new backpack filled with essential school supplies. We are reaching out to the community and asking for your help to sponsor a backpack for the Pappas Kids. Our goal is 100 backpacks to be donated to the Pappas Schools Kids. ☺



How it works:

The Turnbow Foundation will purchase the backpacks and fill them with the following school supplies:

- Binder, Folder
- Paper, Notebook
- Pens, Pencils, Crayons
- Ruler, Calculator

We are asking individuals to sponsor a backpack for \$25/each. The deadline for sponsorship is July 21st. To ensure the students receive the backpacks in time for the new school year we will deliver them to the Pappas Schools on August 1st.

Each donation is tax-deductible (consult your tax advisor). If you are interested in sponsoring a backpack for a Pappas Kid please fill out the enclosed form and return to the Turnbow Foundation by July 21st.

Education is one of the greatest gift we can give a child and something as small as a new backpack can make a difference in a child's life. Thank you for your support and helping us reach out as a community.